

THE SURE WATER CURE.

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SURE WATER CURE
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PREFACE TO THE WATER CURE.

No apology for this work is needed from Greenland to Cape Horn ailing myriads of millions await its appearance. Let us at once and for ever silence the opponants of Hydropathy. As water is an element of nature adapted to the various necessities of Beast, Bird, Fish, and Man, of course it was formed exclusively as a cure for the diseases these species are subject to. Other vaunted discoveries are by comparison with Hydropathy mere ephemera,—the science of steam will but end in smoke,—railroads are already objects of raillery,—and ariel projects even before their flight all fall to the ground,—Hydropathy is alone destined to triumphantly float on the billows of eternity.—The idle sneerer at novelties we proudly refer to the first grand "water cure" in M^r Noahs time.

Modesty being the peculiar characteristic of ourselves and the age, we forbear adding more than that Hydropathy reposing on the buoyant ocean of Truth permits Fame to distinguish the accompanying sketches as faithful illustrations of her merits.



THE WATERING POT PROCESS.

Oh preserve us from the Pickle of being thus Potted. This is a prelude to the full Bath, a considerate mitigation for delicate constitutions. The Patient is watered till she feels strangled, or Hydrophobically affected, and then rubbed till the Body is sore. Dinnefords wellknown and much esteemed Horse hair Gloves, we strongly recommend for the latter process, which will be found highly beneficial to all ladies troubled with old Maidish peculiarities. It might cure if any one could be found to use it often enough.

PLATE . I .



THE MUMMY STATE.

The Patient having been made a client of, (Vulgo—stript of every thing; common sense not excluded.) is tightly enveloped in blankets to perspire, if he lives long enough, he is usually made a Mummy of or cured, the chances are equal. The hands being confined, water is given plentifully through a tube, obviously those who thus expect to be cured, will suck in any thing, any quantity, and at any price!

PLATE . II .



THE CHRYSALIS.

The process of encasing is as in Plate 2, females have a Bell in addition, query— would they not prefer a Beau? It is thought sufficient when the perspiration floats the Bedstead, a feather Bed is put over such as are accustomed to lay under a weight, the chrysalis state is never recommended to those who are Maggoty.

PLATE. III



PROCESSION TO THE BATH.

A sketch between Steam and Water. The Patient having cast her Chrysalis, protects her feet with Straw Shoes, and hair in an Oil Skin Cap. A train bearer holding her Blanket, she goes to the cold plunge Bath, where she remains till she warms the water, and catches a cold, the latter is most frequent. If you doubt it try!

PLATE . IV.



A DEUCED DOUCHE.

"Hesitate and all is lost."

Our friend in Plate 2 having been mummied, is contemplating another stage of the mummery, and a Deuced Douche it is for him, but calling to mind the old adage, "He looks before he leaps." The whole efficacy of this Bath, depends on the force and weight of the falling water. The Hydropath; Com^{py} therefore propose constructing a Douche under the Falls of Niagara! It is hoped the Water Doctors, will try it first, Drowning would be a natural death to them!

PLATE.V



LADIES SITTING DOUCHE.

This is a true Hydropathic, and not Parliamentary representation; altho the sitting member is chaired. The epithet of Turncoat cannot be applied here; in fact none but Petticoats are admitted. The Professors of Hydropathy beg to announce that a Douche is in preparation expressly adapted for the use of M.P.s. as it will be found extremely efficacious in clearing the intellectual depository, and in supplying the said vacuum!

PLATE .VI.



THE SHOWER BATH

Illustrative that it never rains but it pours. The patient remains under till he is wet through, that Hydropathically means wet inside also. So instantaneous a remedy is the Shower Bath at this stage of the process, that the Patient becomes nerved to a degree almost incredible. The operator taking care to absent himself beforehand!

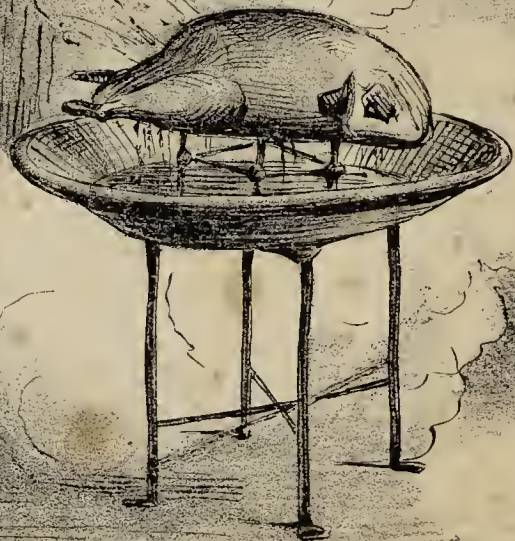
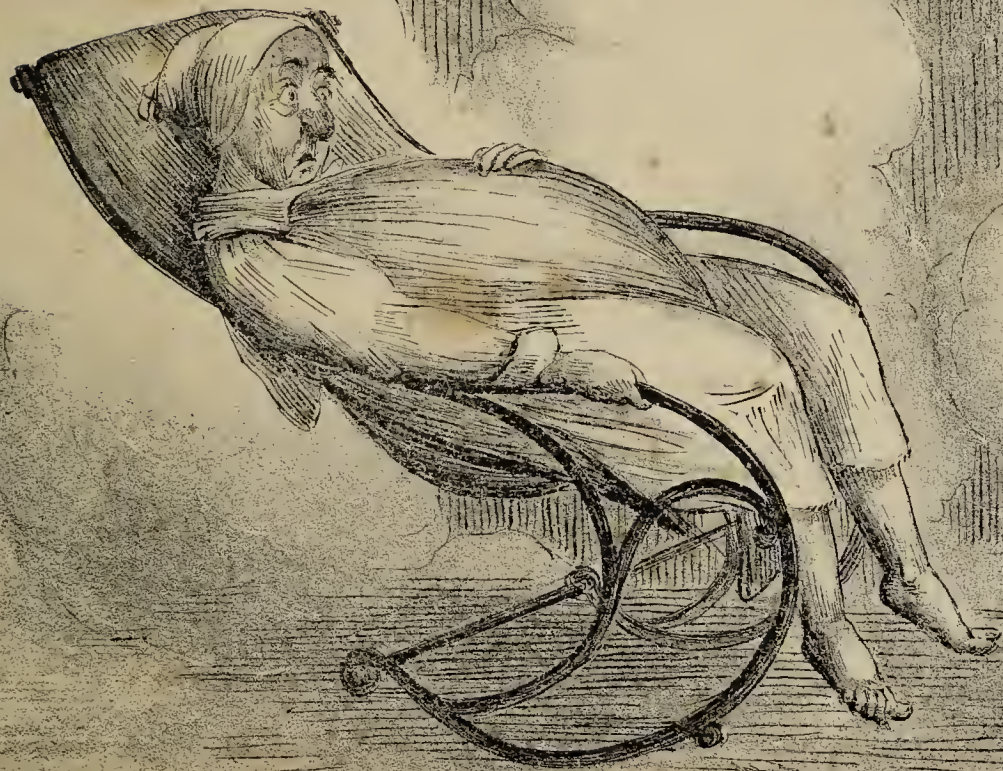
PLATE . VII



THE SUDORIFIC CHAIR.

An elegant contrivance, as we must all die an easy Chair for the purpose is preferable. The room is heated to 150 degrees, the Patient, and a Goose, are then both introduced, the heat is then rapidly increased, when the Goose is cooked, the Patient is usually done also, a natural and infallible criterion!

PLATE VIII



THE SITZ, OR SITTING BATH.

Lor bless me, in this age of steam, nothings impossible, when I married 50 years since, women of three score, were thought past these things, but now, water hot or cold, does every thing. The Doctors say this sitting Bath removes every thing. I have only yet tried it two hours a time, four times in the day, and I already feel wonderfully different, they tell me if I persevere and sit three hours a time, four times every day, I shall certainly succeed. Patience, and who knows, my poor dear old man, may yet be presented with an Heir!

PLATE. IX.



THE HEAD BATH.

Particularly recommended to all troubled with a swimming in the Head, or a disordered pericranium, peculiarly efficacious in assisting the developement of phrenological bumps, and a sure restorative of the Hair, the Optics, Olfactory Organs, and the Aural Faculties, and the effect it has on the Brain cannot be expressed. only experienced persevering patients are certain of re-establishment.

PLATE.X.





Returning from the Baths.

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